

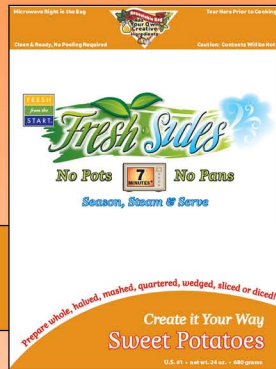


Fresh Sides



GINGER SOY SWEET POTATOES

Great with fish, pork, chicken or along with a green salad for a light meal



SERVES: 6

Preparation:

1. Open the re-sealable bag and add all ingredients.
2. Place sealed bag on microwaveable plate and microwave for 7 minutes on high (or cut in half lengthwise or slice and reduce cooking to 6 minutes).
3. Using potholders, carefully remove plate from microwave. Let rest for 1 minute. Use the cool touch panels at the top and bottom of bag for safe handling. Carefully open the seal with a fork and serve.

Ingredients:

- 1 Package of Fresh Sides Sweet Potatoes, - "no peeling required" (whole, halved, wedged, or sliced)
- 1 tbl fresh ginger, chopped fine
- 1 tsp fresh garlic, chopped fine
- 1-2 tablespoon soy sauce
- 1-2 tablespoons of olive oil
- 1 chili pepper or jalapeño pepper, sliced (optional)

Cooking times may vary with variety, microwave, and size of product(s)